

Intro to Parkour Workshop (Ages 6 - 12 years)

Parkour is a non-competitive, physical discipline of French origin in which participants run along a route, attempting to negotiate obstacles in the most efficient way possible, using only one's body. Skills such as jumping, climbing, vaulting, rolling and swinging are employed. In this 2 session workshop, students will get an introduction to the basic movements used in parkour, and learn progressions toward more advanced flipping skills that they will then employ to traverse various physical obstacles.

Instructor: Bay Island Gymnastics

Class# 9629

Monday

Bay Island

Class# 9630

Friday

Bay Island

Feb 28 - March 7

No. of Sessions: 2

March 4 - 11

No. of Sessions: 2

7:00-8:00pm

Fee: \$40

5:30-6:30pm

Fee: \$40

Kidz Love Soccer

Kidz Love Soccer has introduced the game of soccer to over 500,000 children since 1979! Kidz 3.5 - 8 years of age learn the world's most popular sport from professional coaches licensed in the Kidz Love Soccer method. A session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer, "where the score is always fun to fun".

PLEASE PRE-REGISTER! *REGISTRATION CUT OFF IS TWO WEEKS AFTER START DATE

(No pro-rate for late sign-ups)

Please bring Shin Guards, Soccer Shoes, Sunscreen and a water bottle.

RAIN-OUT HOTLINE NUMBER: 1-888-372-5803

Class#	Age	Day	Date	Site	Time	Cost
9639	Ages 3.5 - 4 Years	Wednesday	April 6 - June 1	Upper Washington Park	5:20-5:50 p.m.	\$ 110
9640	Ages 3.5 - 4 Years	Saturday	April 9 - June 11*	Upper Washington Park	9:30-10:00 a.m.	\$ 110
9641	Ages 4 -5 Years	Wednesday	April 6 - June 1	Upper Washington Park	3:00-3:35p.m.	\$ 110
9642	Ages 4 -5 Years	Saturday	April 9 - June 11*	Upper Washington Park	10:00-10:35a.m.	\$ 110
9643	Ages 5 - 6 Years	Wednesday	April 6 - June 1	Upper Washington Park	3:35-4:20 p.m.	\$ 110
9644	Ages 5 - 6 Years	Saturday	April 9 - June 11*	Upper Washington Park	10:35-11:20 a.m.	\$ 110

*No Class May 28, 2011

Skillz and Scrimages (Ages 7 - 10 years)

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our Soccer 1 classes for those who are aspiring to the next level. All levels of skill are welcome to learn and enjoy the world's most popular sport!

Class#	Ages	Day	Date	Site	Time	Cost
9645	Ages 7 - 10	Wednesday	April 6 - June 1	Upper Washington Park	4:30 - 5:15 p.m.	\$ 110

MOMMY/DADDY & ME SOCCER

Introduce yourself and your toddler to the "Worlds Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Please preregister. Use registration form on page 46.

Class#	Ages	Day	Date	Site	Time	Cost
9646	2 - 3.5	Saturday	April 9 - June 11*	Upper Washington Park	11:30 - 12:00 p.m.	\$ 110

*No Class May 28, 2011